

MapRun Gloucestershire 2021

Springbank, Cheltenham



Thursday 9 September 2021

Our last event of the summer will explore an area we haven't visited before – the NW suburbs of Cheltenham. Sunset is getting earlier, so the start window for this event will be **1800-1830**.

Pre-entry is required: sign up (before midnight on Wed 8 Sep) at <u>fabian4.co.uk</u>

New version of MapRun available: We strongly recommend that you uninstall *MapRunF* and all previous versions of the app, and download and install **MapRun6** from your app store. Generally earlier versions will work; they just won't be able to take advantage of some of the new features which we may use.

Queries?	Email <u>maprun@ngoc.org.uk</u>
Directions and Parking	Parking and assembly are at Springfields Park, GL51 0DY What 3 words: <u>mining.exact.gain</u> Map: <u>https://goo.gl/maps/g6najzgoR32bw24x7</u> Parking will be in the car park off Welch Road. The start/finish is nearby, on a hard- surface path in the park.
The Area	 It's an entirely urban course in the suburbs of Springbank, Fiddler's Green, Hesters Way and Rowanfield. Almost all hard-surface roads and footpaths, with a few optional routes across grass. Mostly fine for wheelchairs, except a few narrow alleyways (all controls should be accessible).
Event details	 Pre-entry is required: sign up (before midnight on Wed 8 Sep) at fabian4.co.uk Entry fees: £5 seniors, £2 juniors. Juniors must be accompanied. You can start at any time from 1800 to 1830. It's a one hour score event using the MapRun app: Checkpoints 1-10 are worth 10 points. Checkpoints 11-20 are worth 20 points. Checkpoints 21-30 are worth 30 points. Score as many points as you can within an hour. If you're late getting back, there's a 10 point penalty per minute over. Please make sure you've installed MapRun6 before the event. If you haven't used MapRun before, don't worry – it's easy to use, and we have full details on getting started.
Event procedure	 Before heading to the start, make sure you've downloaded the MapRun event onto your phone. It can be found in the UK/Gloucestershire/Current Series folder. When you're ready to start, get a map from the organiser and press 'Go To Start' on the MapRun6 app. The phone will ask for the PIN number, which you can find on the map. When you run through the start: MapRun6 will bleep, and start the clock,. When you run through a checkpoint: it will bleep, and record your visit. When you run through the finish: it will bleep, and stop the clock.
Safety	The course is located in an urban environment necessitating many road crossings, so under 16s must be accompanied.

 Take care crossing roads: there are no major roads in the area but some can be busy! Some of the pavements are undergoing roadworks: you might need to use the other side of the road.
COVID code of conduct. It is vital that all attendees at the event:
 Act as ambassadors for the sport of orienteering at all times and consider how their actions may appear in the eyes of landowners or members of the public.
 Observe social distancing at all times, including keeping their distance from other participants, volunteers and members of the public.
Use hand sanitiser on arrival and departure.
Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has
been asked to isolate by NHS Test and Trace should remain at home.