



NGOC League 2022

Cleeve Hill

Level: C

Saturday 19 March 2022

NGOC is pleased to invite you to Cleeve Hill, parking at the South end of the map, close to the masts. We are grateful to The Cleeve Hill Conservators, Butterfly Conservation, and Mr Brian Robinson for permission to park and run on the hill and adjacent farmland.

This is a Level C event, meaning that you can earn ranking points for the event.

<p>Directions and Parking</p>	<p>Parking and Assembly will be in a farmer's field on the right of the road to the masts.</p> <p>DO NOT head for our usual venue at or near the Golf Club. Access is from the Battledown area of Cheltenham, or the A40 near Dowdeswell and Andoversford; look for the turn to Whittington between these two villages. Turn left in Whittington then after just under a mile fork right on a minor road up towards Cleeve Hill Common.</p> <p>The nearest postcode is not helpful; it will send you up the wrong lane! What 3 words: ///existence.drip.silver Grid Reference: SO993242</p>																																							
<p>The Area</p>	<p>The open Cleeve common and golf course is a very fast runnable area. Edged by the escarpment, some steep climbs are unavoidable. The terrain is mainly quite runnable, though thickets should be avoided. Earlier versions had the finish at the bottom of the hill, which might have been nice when on your course but would've meant a slog back to the car at the end!</p> <p>Do not run along roads.</p>																																							
<p>The Map</p>	<p>Based on Lidar, Major revision in 2020 with latest updates by Greg Best in November 2021 for the British Night Championships.</p>																																							
<p>Start and Finish</p>	<p>The Start is in the butterfly sanctuary, a 500m walk over the very minor road which runs to the parking by the masts. Please take care when walking between the parking and the competition area. Dog walkers and other common users park on the access road to the masts.</p> <p>There is a bottleneck at the stile crossing from the road into the butterfly sanctuary. This will be used by competitors on the way to the start and returning from the finish. You must not use this route when on your course. Try to keep your Covid safe distance even while out on your run, considering other runners and members of the public.</p> <p>The Finish is adjacent to the start, but lower down the hill.</p> <p>You may use a warm-up area in the rough open between the road and the start. Please maintain social distancing when warming up, and going through the start procedure.</p>																																							
<p>Courses</p>	<table border="1"> <thead> <tr> <th>Course</th> <th>Length - Km</th> <th>Climb - m</th> <th>Controls</th> <th>Suitable for</th> </tr> </thead> <tbody> <tr> <td>Brown</td> <td>8.8</td> <td>270</td> <td>18</td> <td>Experienced Orienteers only</td> </tr> <tr> <td>Blue</td> <td>6.7</td> <td>235</td> <td>14</td> <td>Experienced Orienteers only</td> </tr> <tr> <td>Green</td> <td>4.4</td> <td>155</td> <td>10</td> <td>Experienced Orienteers only</td> </tr> <tr> <td>Short Green</td> <td>3.5</td> <td>55</td> <td>8</td> <td>Experienced Orienteers only</td> </tr> <tr> <td>Orange</td> <td>3.0</td> <td>65</td> <td>10</td> <td>Adult beginners and improving juniors</td> </tr> <tr> <td>Yellow</td> <td>2.2</td> <td>30</td> <td>9</td> <td>Children</td> </tr> </tbody> </table>	Course	Length - Km	Climb - m	Controls	Suitable for	Brown	8.8	270	18	Experienced Orienteers only	Blue	6.7	235	14	Experienced Orienteers only	Green	4.4	155	10	Experienced Orienteers only	Short Green	3.5	55	8	Experienced Orienteers only	Orange	3.0	65	10	Adult beginners and improving juniors	Yellow	2.2	30	9	Children				
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All subject to final controlling.

Sadly we have not found a suitable area for a string course.

We will use SI Timing, in contact and touch free modes. All runners must however punch the Start and Finish controls.

Timings and Fees

Starts: 11:00 – 12:30, but extendable if entry numbers require it. Do not assume that you can start later!. **Please note the shortened start window. Make sure you arrive in good time to get to the start before it closes, and if running a long course, early enough to ensure that you finish and get back to registration before courses close.**

Courses close: 14:00, meaning you must report back to download by 14:15, or risk disqualification

Fees	Pre-entry	Entry on the Day	Non-member supplement
Adults	£7	£10	£2
Juniors	£3	£4	£1
Family (2 adults + their children)	£16	£20	As above for any non-members in the group

SI hire: £1 Seniors, or £2 for touch free hire, Juniors free

Entries close at midnight on Thursday 17th March. **Pre-entry via Fabian4 is strongly preferred.** Entry on the day is available only while maps last, but note the premium price to discourage this. We should by then be able to accept credit/debit card payments, but this is not guaranteed so bring cash just in case.



A helper discount is available for those offering to help on the day. These events don't happen without volunteers willing to help out on the day, so if you are able to do so, before signing up to enter, email NGOC_Volunteers@outlook.com to let him know you can help, and ask for the helper discount code that you can apply when entering. You don't have to be an NGOC member to help, but you do need to be a BOF member to be covered insurance wise.

Hired dibbers may be picked up from registration.

Refunds

As the Government has removed almost all Covid related restrictions on personal activity we no longer offer Covid related refunds.

We now use the standard Fabian4 terms for refunds, which are that a refund is offered automatically up to 2 months before the event, and you pay the Fabian4 processing charge. So in reality that means no refunds now possible for this event! You can however hold off entering until very close to the event date.

Dogs

Dogs are permitted under control in the Parking area, and on courses

Facilities

We are pleased to be able to re-introduce the NGOC cafe, which will be present at Assembly.

Toilets will also be available at Assembly.

Safety

- There is a road crossing on the route to the start, and back from the finish.
- The longer courses may come across golfers. Keep alert for flying golf balls, and do not interfere with play on the golf course. You must not run on the greens.
- Orienteering is an adventure sport. All runners take part at their own risk and are responsible for their own safety.

- A risk assessment has been completed, and a copy will be held at Registration in case competitors wish to consult it before their run.
- A first aid kit and trained first aiders will be available at Registration.

Living with COVID

As from 24 February:

- You are not be legally required to self-isolate if you test positive for COVID-19. You should, however, stay at home if you can and avoid contact with other people.
- You do not have to take daily tests, nor are you legally required to self-isolate following contact with someone who has tested positive for COVID-19.

Nevertheless, although all legal restrictions have ceased, you should NOT attend if you are Covid positive, or suspect you are, and everyone attending should continue taking sensible precautions, such as avoiding close contact, particularly around Registration and the cafe.

Officials

Organiser/Planner: Samuel Taunton, NGOC sjtaunton@gmail.com 07815 565667
Controller: Paul Taunton, NGOC